

## Psychology 2009

### NATIONAL REFERENCE PRICE LIST FOR SERVICES BY PSYCHOLOGISTS WITH EFFECT FROM 1 JANUARY 2009

The following reference price list is not a set of tariffs that must be applied by medical schemes and/or providers. It is rather intended to serve as a baseline against which medical schemes can individually determine benefit levels and health service providers can individually determine fees charged to patients. Medical schemes may, for example, determine in their rules that their benefit in respect of a particular health service is equivalent to a specified percentage of the national health reference price list. It is especially intended to serve as a basis for negotiation between individual funders and individual health care providers with a view to facilitating agreements which will minimise balance billing against members of medical schemes. Should individual medical schemes wish to determine benefit structures, and individual providers determine fee structures, on some other basis without reference to this list, they may do so as well.

In calculating the prices in this schedule, the following rounding method is used: Values R10 and below rounded to the nearest cent, R10+ rounded to the nearest 10cent. Modifier values are rounded to the nearest cent. When new item prices are calculated, e.g. when applying a modifier, the same rounding scheme should be followed.

VAT EXCLUSIVE PRICES APPEAR IN BRACKETS.

#### GENERAL RULES

B	<p>Where emergency treatment is provided:</p> <p>a. during working hours, and the provision of such treatment requires the practitioner to leave her or his practice to attend to the patient at another venue; or</p> <p>b. after working hours</p> <p>the fee for such visits shall be the total fee plus 50%.</p> <p>For purposes of this rule:</p> <p>a. "emergency treatment" means a bona fide, justifiable emergency psychological procedure, where failure to provide the service immediately would result in serious or irreparable psychological or functional impairment</p> <p>b. "working hours" means 8h00 to 17h00, Monday to Friday.</p> <p>Modifier 0003 must be quoted after the appropriate code number(s) to indicate that this rule is applicable.</p>	04.00
C	It is recommended that, when such benefits are granted, drugs, consumables and disposable items used during a procedure or issued to a patient on discharge will only be reimbursed by a medical scheme if the appropriate code is supplied on the account.	04.00
D	<p>Every account shall contain the following particulars:</p> <p>a) The surname and initials of the member;</p> <p>b) The surname, first name and other initials, if any, of the patient;</p> <p>c) The name of the scheme concerned;.</p> <p>d) The membership number of the member;</p> <p>e) The practice code number, group practice number and individual provider registration number issued by the registering authorities for providers, if applicable, of the supplier of service and, in the case of a group practice, the name of the practitioner who provided the service;</p> <p>f) The date on which each relevant health service was rendered;</p> <p>g) The relevant diagnostic codes and NHRPL item code numbers relating to the health service rendered.</p>	05.03
E	Compilation of reports is only to be included within billable time if these reports are for purposes of motivating for therapy and/or giving a progress report and/or a pre-authorisation report, and where such a report is specifically required by the medical scheme. Maximum billable time for such a report is 15 minutes.	05.03
F	With the exception of compilation of reports as per Rule E, time charged in terms of the codes in this schedule only includes time spent in direct interaction with the patient.	05.05

#### MODIFIERS

	Modifier governing the section Psychological Services	04.00
0003	Emergency treatments - Relevant fee plus 50%	04.00
0004	Psychology services rendered to an in-patient in a nursing home or hospital.	04.00

#### CONSULTATIVE AND THERAPEUTIC SERVICES

Code	Description	Ver	Add	Psychology	
				RVU	Fee
007	Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).	05.02			
200	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 1-10min.	05.04		5.000	50.50 (44.30)
201	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 11-20min.	05.04		15.000	151.50 (132.90)
202	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 21-30min.	05.04		25.000	252.60 (221.50)
203	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 31-40min.	05.04		35.000	353.60 (310.10)
204	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 41-50min.	05.04		45.000	454.60 (398.80)
205	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 51-60min.	05.04		55.000	555.60 (487.40)
206	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 61-70min.	05.04		65.000	656.60 (576.00)
207	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 71-80min.	05.04		75.000	757.70 (664.60)
208	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 81-90min.	05.04		85.000	858.70 (753.20)

Code	Description	Ver	Add	Psychology	
				RVU	Fee
209	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 91-100min.	05.04		95.000	959.70 (841.80)
210	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 101-110min.	05.04		105.000	1060.70 (930.40)
211	Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 111-120min.	05.04		115.000	1161.70 (1019.10)
	This code would be used in addition to code 211.	06.02			
290	Extended assessment, consultation, counselling and/or therapy (individual or family) - per full 15 minutes in excess of 120 minutes	05.05	+	7.500	75.80 (66.50)
<b>GROUP SERVICES</b>					
300	Psychology group consultation, counselling and/or therapy, per patient. Duration: 1-10min.	05.03		1.000	10.10 (8.86)
301	Psychology group consultation, counselling and/or therapy, per patient. Duration: 11-20min.	05.03		3.000	30.30 (26.60)
302	Psychology group consultation, counselling and/or therapy, per patient. Duration: 21-30min.	05.03		5.000	50.50 (44.30)
303	Psychology group consultation, counselling and/or therapy, per patient. Duration: 31-40min.	05.03		7.000	70.70 (62.00)
304	Psychology group consultation, counselling and/or therapy, per patient. Duration: 41-50min.	05.03		9.000	90.90 (79.80)
305	Psychology group consultation, counselling and/or therapy, per patient. Duration: 51-60min.	05.03		11.000	111.10 (97.50)
306	Psychology group consultation, counselling and/or therapy, per patient. Duration: 61-70min.	05.03		13.000	131.30 (115.20)
307	Psychology group consultation, counselling and/or therapy, per patient. Duration: 71-80min.	05.03		15.000	151.50 (132.90)
308	Psychology group consultation, counselling and/or therapy, per patient. Duration: 81-90min.	05.03		17.000	171.70 (150.60)
309	Psychology group consultation, counselling and/or therapy, per patient. Duration: 91-100min.	05.03		19.000	191.90 (168.40)
310	Psychology group consultation, counselling and/or therapy, per patient. Duration: 101-110min.	05.03		21.000	212.10 (186.10)
311	Psychology group consultation, counselling and/or therapy, per patient. Duration: 111-120min.	05.03		23.000	232.30 (203.80)